

Mattress size chart (US)

Standard sizes in inches and centimetres, and who each one suits.

Size	Inches (W × L)	Centimetres	Best for
Twin	38 × 75	97 × 191	Kids, bunk beds, small guest rooms
Twin XL	38 × 80	97 × 203	Dorms, taller teens
Full (double)	54 × 75	137 × 191	One adult, small rooms
Queen	60 × 80	152 × 203	Most couples; fits a 10×10 ft room
King	76 × 80	193 × 203	Couples who want space, kids or pets in the bed
California King	72 × 84	183 × 213	Taller sleepers, longer rooms
Split King	2 × (38 × 80)	2 × (97 × 203)	Adjustable bases, different firmness each side